




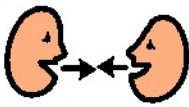


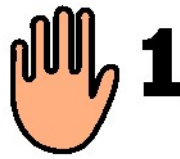
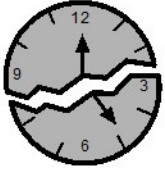
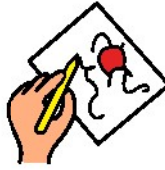


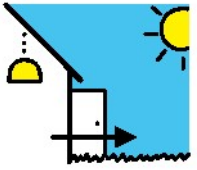
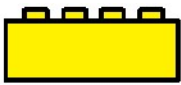



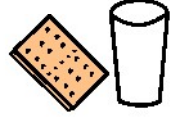

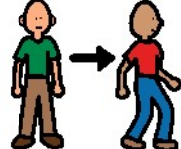


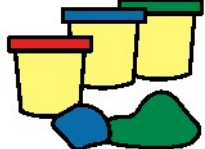




Possible Strategies to use in each Zone

<p>Deep Breaths</p> 	<p>read</p> 	<p>walk</p> 	<p>swing</p> 	<p>rest</p> 
<p>talk</p> 	<p>talk</p> 	<p>talk</p> 	<p>wait a minute</p> 	<p>bean bag chair</p> 
<p>take a break</p> 	<p>draw</p> 	<p>listen to music</p> 	<p>run</p> 	<p>go outside</p> 
<p>Legos</p> 	<p>puzzle</p> 	<p>exercise</p> 	<p>drink</p> 	<p>snack</p> 
<p>sit</p> 	<p>be alone</p> 	<p>headphones</p> 	<p>OT ball</p> 	<p>play dough</p> 
		<p>Arrow for Zones Meter side</p>		